

Cross-Country Tack Sheet

Equipment	Notes	RC 70	RC 80	RC 90	RC 100	RC 110	RC 120
Riding Helmet	Skull caps only permitted. PAS 015 2011*, VG1 01.040 2014-12*, ASTM F1163 2004a onwards with SEI mark, Snell E2016, AS/NZS 3838: 2006 onwards with SAI mark. (* with BSI Kitemark or Inspec IC mark)	-	C	C	C	C	C
Body Protector	Level three 2018 (Blue label) or higher standard only permitted.	-	C	C	C	C	C
Whip	Not exceeding 75cms. No substitute for a whip may be carried.	-	✓	✓	✓	✓	✓
Rider Dress	Upper arms must be covered at all times. A correctly fitted hunting stock or similar neck support compulsory.	-	C	C	C	C	C
Footwear	Boots must be black or brown. Half chaps are not recommended but if worn, colour co-ordination is expected.	-	C	C	C	C	C
Medical Armband	With photographic ID.	-	R	R	R	R	R
Spurs	Blunt spurs of plain metal only. The curve must be pointed downwards. Plastic spurs not permitted	-	✗	✓	✓	✓	✓
Jewellery	Jewellery that is considered to be hazardous should not be worn. It is the riders' responsibility if it is worn.	-	-	-	-	-	-
Timing Devices	Competitors found in possession of a timing device will be eliminated from the competition. *Timing devices permitted for RC 80 & 90 in horse trials only.	-	✗*	✗*	✓	✓	✓
Snaffle Bridle		-	✓	✓	✓	✓	✓
Pelham Bridle		-	✓	✓	✓	✓	✓
Double Bridle		-	✗	✓	✓	✓	✓
Nosebands		-	✓	✓	✓	✓	✓
Running Martingale	Only unrestricted running martingales are permitted.	-	✓	✓	✓	✓	✓
Standing Martingale		-	✗	✗	✗	✗	✗
Boots / Bandages		-	R	R	R	R	R
Running Reins		-	✗	✗	✗	✗	✗
Saddle Cloths		-	✓	✓	✓	✓	✓
Fly Fringes		-	✓	✓	✓	✓	✓

C = Compulsory ✓ = Permitted R = Recommended ✗ = Forbidden

(Provided for guidance purposes only)