

## Cross-Country Tack Sheet

Equipment	Notes	RC 70	RC 80	RC 90	RC 100	RC 110	
<b>Riding Helmet</b>	Skull caps only permitted. PAS 015 2011*, VG1 01.040 2014-12*, ASTM F1163 2004a onwards with SEI mark, Snell E2016, AS/NZS 3838: 2006 onwards with SAI mark. (* with BSI Kitemark or Inspec IC mark)	-	C	C	C	C	C
<b>Body Protector</b>	Level three (purple label) or higher standard only permitted.	-	C	C	C	C	C
<b>Whip</b>	Not exceeding 75cms. No substitute for a whip may be carried.	-	✓	✓	✓	✓	✓
<b>Rider Dress</b>	Upper arms must be covered at all times. A correctly fitted hunting stock or similar neck support compulsory.	-	C	C	C	C	C
<b>Footwear</b>	Boots must be black or brown. Half chaps are not recommended but if worn, colour co-ordination is expected.	-	C	C	C	C	C
<b>Medical Armband</b>	With photographic ID.	-	R	R	R	R	R
<b>Spurs</b>	Blunt spurs of plain metal only. The curve must be pointed downwards. Plastic spurs not permitted	-	✗	✓	✓	✓	✓
<b>Jewellery</b>	Jewellery that is considered to be hazardous should not be worn. It is the riders' responsibility if it is worn.	-	-	-	-	-	-
<b>Timing Devices</b>	Competitors found in possession of a timing device will be eliminated from the competition. *Timing devices permitted for AP & I in horse trials only.	-	✗*	✗*	✓	✓	✓
<b>Snaffle Bridle</b>		-	✓	✓	✓	✓	✓
<b>Pelham Bridle</b>		-	✓	✓	✓	✓	✓
<b>Double Bridle</b>		-	✗	✓	✓	✓	✓
<b>Nosebands</b>		-	✓	✓	✓	✓	✓
<b>Running Martingale</b>	Only unrestricted running martingales are permitted.	-	✓	✓	✓	✓	✓
<b>Standing Martingale</b>		-	✗	✗	✗	✗	✗
<b>Boots / Bandages</b>		-	R	R	R	R	R
<b>Running Reins</b>		-	✗	✗	✗	✗	✗
<b>Saddle Cloths</b>		-	✓	✓	✓	✓	✓
<b>Fly Fringes</b>		-	✓	✓	✓	✓	✓

C = Compulsory      ✓ = Permitted      R = Recommended      ✗ = Forbidden

(Provided for guidance purposes only)